

NEWSLETTER MAY 21, 2021



WHAT'S NEW?

In case you missed it ... Bev Drew, Peter Butt, Melissa Burdon, and Adaeze Ezeaka presented a session at the PEP-AH Western Symposium "How to Use a Motivational Interviewing Approach in Peer Outreach Programs". Click [HERE](#) for the recording.

UPCOMING EVENTS

1. Community Conversation to help us shape our work on the Standards.
Friday, May 28th, 10-11 am. Email Bev to join. Your voice is important!
2. Introductory Motivational Interviewing Training, 5 virtual afternoon sessions in June. Email Bev to get details and a registration link.

CANADIAN CAMPUS WELLBEING SURVEY (CCWS)

A number of our campuses are wrapping up their surveys, and UBC will begin working with the data shortly. When complete, the researchers will join us for a webinar to help us interpret the data and move forward with strategic planning.



COFFEE BREAK WITH THE HCSK TEAM

Email Bev to join us on
Thursday, May 27th at 3 pm!



Meet Our Practicum Students from the USask Masters in Public Health Program

Aranee Mahendiran

Aranee completed a BHSc at the University of Western Ontario in 2020. During her time at Western, she assisted with research on national identity, belonging, and stereotypes. She is passionate about improving population health and addressing health inequities faced by marginalized populations.

Aranee loves staying active and reading. She is a painter and baker and enjoys spending time with her two sisters and her friends.

Aranee's Project with HCSK:

Aranee will be completing an **environmental scan** of each of our campus communities, highlighting their strengths and assets related to student mental health. She will begin by gathering information from your websites and then interview some of you for more details.



Daniyal Azam

Daniel is a first-year MPH student at the University of Saskatchewan. He graduated with a BSc in psychology from the University of Alberta. He is excited to be completing his practicum with Healthy Campus Saskatchewan and learning as much as he can from this experience while also being able to leave a positive impact on mental health and wellbeing for post-secondary students.

In his spare time, Daniyal enjoys reading, playing tennis, and outdoor adventures.

Daniyal's Project with HCSK:

Daniyal will be breaking down the **Canadian Standards for Mental Health and Well-Being for Post-Secondary Students** into bite-size pieces and developing resources that will support our campuses to adopt the Standards and work toward meeting some of them.



CONTACT US

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Join our Community of Practice Forum. Send a request to Bev to receive an invitation.